

LIFE ON LIFE
DISCIPLESHIP



AS IRON
SHARPENS IRON,
SO ONE MAN
SHARPENS ANOTHER.

PROVERBS 27:17

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SESSION 01

BE A DISCIPLE
& MODEL

Answer the following questions in preparation for Session 1.



SESSION 02

BE AN
ENCOURAGER
& NURTURER

Answer the following questions in preparation for Session 2.



SESSION 03

BE TRANSPARENT
& AVAILABLE

Answer the following questions in preparation for Session 3.



BE A TRANSPARENT

1. Read Psalm 51, a prayer David wrote after Nathan the prophet came to him regarding his adultery with Bathsheba and the killing of her husband Uriah.
 - a. How does David describe his sin?

b. List at least eight things David asks God to do for him.

c. What do you learn about being transparent from David?

BE AVAILABLE

- 2.** How was Jesus approachable to both individuals and multitudes? (See passages such as Mark 1:40-42; 5:21-43; 6:34; Luke 7:11-15 and any other Scripture passages you remember.)

- 3.** Compare Jesus' response to the following people with the reactions of others. What was Jesus' ultimate goal with each man?

 - a. Blind beggar (Luke 18:35-43)

 - b. Zacchaeus (Luke 19:1-10)

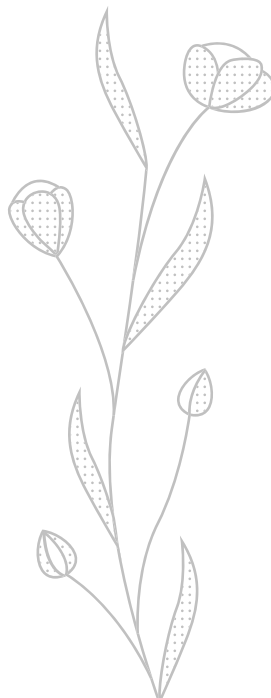
 - c. What do you learn from Jesus about being available to those outside of your immediate circle of family and friends?

- 4.** In what ways are you challenged to be transparent and available? Where do you need to trust and obey God to equip you for discipleship in these two areas?

SESSION 04

BE RELATIONAL

Answer the following questions in preparation for Session 4.



BE RELATIONAL

- 1.** Read Psalm 42:1-2, 63:1 and 143:6.
 - a. What do these verses teach you about a relationship with God?

 - b. Do the Psalmist's words express the desire of your heart? If so, in what ways? If not, why not?

 - c. How does one's relationship with God affect earthly relationships?

- 2.** How did Moses prepare Joshua and the Israelites for the change in leadership?
(See Deuteronomy 31:1-8; 34:9) How does Moses' example help you?

- 3.** What do you learn about relationships from Paul's example with Timothy?
(See Acts 16:1-3; Philippians 2:19-23; 1 Timothy 1:18-19; 4:12-16; 2 Timothy 1:1-8; 2:1-3, 15, 22-23 and any other passages you remember.)

4. What do the following verses teach you about relationships?

a. Proverbs 3:3-4

b. Proverbs 13:20

c. Proverbs 27:9

d. Proverbs 27:17

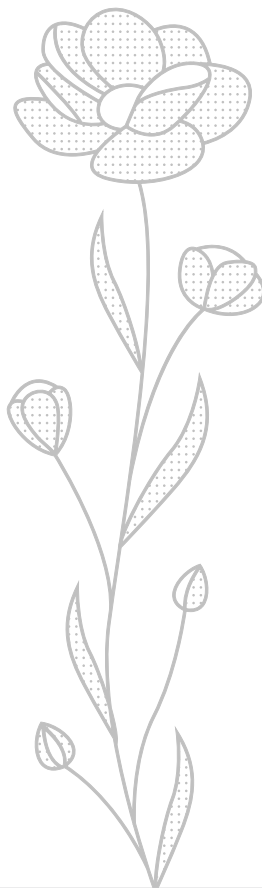
5. Where do you struggle the most in relationships?

6. In what ways are you challenged to be relational? Where do you need to trust and obey God to equip you for discipleship in this area?

SESSION 05

BE INTENTIONAL

Answer the following questions in preparation for Session 5.



BE A INTENTIONAL

1. Read Romans 8:29 and 2 Corinthians 3:18.

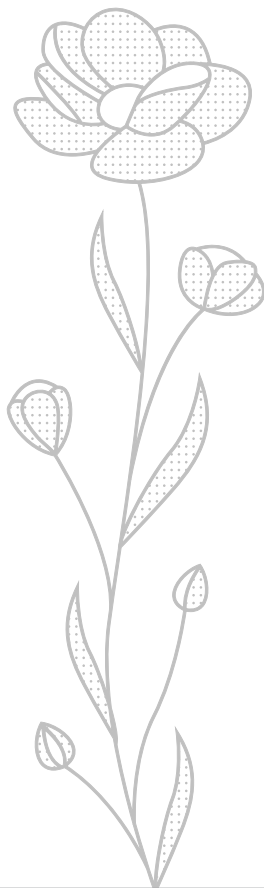
a. To what are we to be conformed?

b. Describe what this would look like in our daily lives.

c. How does this conformity affect relationships?

2. Compare Mark 1:16-18 with Acts 2:14-41. How did Jesus' investment in Peter impact his life and others?

IN-CLASS EXERCISES



SESSION 1 - EXERCISE

Think back over your life. For every decade write down the name of a person and how he or she impacted you in a positive way.

1-10 years old

10-20 years old

20-30 years old

30-40 years old

40-50 years old

50+ years old

Group Sharing: Briefly (1 minute) share how one person on your list impacted you.

Group Sharing: Briefly share how a person on your list was a model of Christ.

SESSION 2 - EXERCISE A

Write an encouraging statement or action for the following scenarios:

1. A friend's mother is in the last stages of Alzheimer's.
2. A friend shares how irritated she is with her husband.
3. The talented woman you are mentoring does not recognize her potential.
4. Your daughter wants to quit playing soccer after having a successful game.
5. Your son continually teases or pesters his sister.
6. A young woman you are mentoring wants to give up on life.
7. Your co-teacher failed to complete a project that affects you.

Without giving details, share in groups of 2-3 one statement or action. After sharing, spend time praying for one another that we become encouragers to those in our homes, circles of friends, church, neighborhood and community.

SESSION 3 - EXERCISE A

How God redeemed you in the midst of your mess, is your message!

In three to four of the following struggles of life, write how God has helped you and what you learned about his character.

1. Rejection

2. Health

3. Parents

4. Pride

5. Job

6. Depression

7. Child

8. Anger

9. Fear

10. Other

Choose one to briefly share with the group.

SESSION 3 - EXERCISE B

Consider the entirety of your life.

1. What have you learned about God?
2. How has it changed you?
3. How can you apply what you have learned and how you have been changed to your current relationships?

Briefly share with the group the one that is the most meaningful to you.

SESSION 4 - EXERCISE A

Consider current relationships you may have with the following people:

Parents

In-laws

Spouse

Siblings

Children

Students

Friends

Church

Neighbors

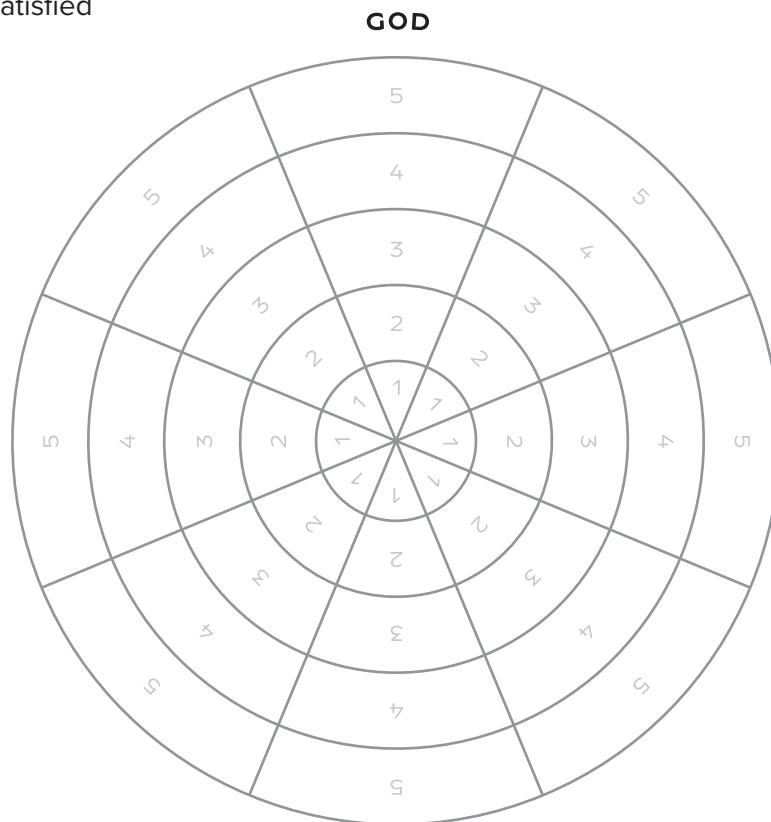
Co-workers

- 1.** How can you begin working to improve any of these relationships?
- 2.** Briefly share one of these with the group.
- 3.** In groups of 2, pray for one another.

WHEEL OF RELATIONSHIPS

In addition to GOD on the wheel below, write seven additional relationships that apply to you, such as spouse, children, parents, siblings, in-laws, friends, co-workers, co-ministry workers, neighbors, co-community workers, and etc. Rate yourself on a scale of 1 to 5 regarding your satisfaction in each of the eight relationships. Beginning with your relationship with God, fill in the appropriate boxes of the wheel with 5 being the largest box and 1 being the smallest.

- 5 — Extremely satisfied
- 4 — Very satisfied
- 3 — Satisfied
- 2 — A little satisfied
- 1 — Not at all satisfied



When the pie is complete, ask yourself these questions:

1. Which relationships need work?
2. What would a 5 look like in those relationships?
3. If this were a wheel on a bicycle, would your ride be smooth or bumpy?

BY THIS ALL PEOPLE
WILL KNOW THAT YOU
ARE MY DISCIPLES,
IF YOU HAVE LOVE
FOR ONE ANOTHER.

JOHN 13:34-35

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